



Core Curriculum General Test

Employees Name:

Date:

Name of Trainer:

Test Score:

NOTE: Place a check for the True or False statements, and fill in all other areas.

1. Hand washing is the single most effective way to prevent the spread of germs.
T F
2. If you don't have access to running water, use an antiseptic towelette or antiseptic hand cleaner. T F
3. It is not necessary to receive training on blood borne pathogens and standard precautions if you are familiar with the material. T F
4. Mucous membranes such as eyes, nose, mouth, are a potential route of entry into the body for blood borne pathogens. T F
5. Please list 3 signs of respiratory distress:

6. MRSA and VRE are easily treated with an antibiotic. T F
7. Every time you remove your gloves, you must wash your hands with soap and running water as soon as you possibly can. T F
8. Standard precautions mean treating all blood and bodily fluids as potentially infectious. T F
9. If you are exposed and know where the blood came from, don't bother reporting it.
T F
10. The hepatitis vaccine is a series of 3 shots. T F
11. HIV and HBV are the only blood borne pathogen threats that you deal with.
T F
12. It is not important for staff to model good hygiene practices. T F



13. One way to maintain healthy skin is to ensure that the body is thoroughly dried after bathing. T F

14. Elastic stockings are used when a person has good circulation to prevent skin breakdown. T F

15. Please list four signs/symptoms of infection:

16. Please list three signs of neurological problems:

17. Please list three signs of mental health problems:

18. Please list three signs/symptoms of Gastrointestinal issues:

19. If a person has a blistering burn on the skin but the blisters have not broken, medical attention is not needed. T F

20. If someone is coughing, you should begin the abdominal thrusts to stop them from choking. T F

21. If a person sustains a fall and later complains of pain and swelling in one part of their body, emergency treatment should be sought. T F

22. If a person sustains a fall and seems dizzy and confused, emergency medical attention should be sought. T F

23. During a nosebleed, it is best to sit leaning forward and pinching the nose for 10 minutes. T F

24. Please list three signs/symptoms of Cardiovascular Problems:



25. If a person is having a seizure, you should try to hold down their legs and arms so they don't break. T F

26. It is not necessary to know about an individual's typical seizure because every seizure is different. T F

27. If a person is having a seizure, it is important to document information such as time, duration, description, etc. T F

28. Identify five things that we can do to prevent illness:

1. _____

2. _____

3. _____

4. _____

5. _____